



Contact us today!

Our phone lines are open Monday - Friday, 10:00am - 3:00pm

CALL: 01592 807930
TEXT: 884400 with "COSY + YOUR NAME"
info@cosykingdom.org.uk
www.cosykingdom.org.uk

Visit us online!



We keep all your information confidential. You can read our privacy policy on our website.

About us

Cosy Kingdom is a free and impartial energy and debt advice service available to all tenants and homeowners across Fife. We offer advice to anyone, no matter their circumstances.

Since our project began in 2013, we have supported tens of thousands of households to stay warm and save energy.

Cosy Kingdom is a partnership between **Greener Kirkcaldy, St Andrews Environmental Network** and **Citizens Advice & Rights Fife**. We work together to ensure the service is available to anyone living in Fife.



COSY KINGDOM

STAY WARM, SAVE ENERGY

Fife's free and impartial energy advice service



www.cosykingdom.org.uk



Energy advice

Our energy advisors can offer advice in person or over the phone. We can support you with:

- ▶ Saving energy and reducing your home's carbon footprint
- ▶ Managing your energy bills and tariffs
- ▶ Dealing with utility debt
- ▶ Dealing with draughts and dampness
- ▶ Gas and carbon monoxide safety
- ▶ Retrofit opportunities, including insulation and home renewables
- ▶ Accessing funding, grants and discounts

Handy service

We have a free handy service that can help make your home more energy efficient.

Depending on eligibility, we may be able to install:

- ▶ LED lightbulbs
- ▶ Draught proofing
- ▶ Thermal curtains
- ▶ Radiator panels

Benefits & budgeting

Citizens Advice & Rights Fife can support you with:

- ▶ Advice on benefits
- ▶ Debt and budgeting advice
- ▶ Advice on increasing your income and reducing your expenditure

Other support

Thermal imaging

We can take thermal images of your home to show areas of heat loss and give advice on how to reduce it.

Training and events

We offer training for frontline workers and voluntary organisations. This gives them the tools they need to support people with basic energy advice. We can also give talks to groups and bring a stall to events.

Referrals

We can refer you to other organisations for any help and support we cannot provide.

